

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Feb 1, 2026 thru Feb 28, 2026

Menu Name:	Breakfast Menu K-12 - MENU SUBJECT TO CHANGE	Include Cost:	Yes
Site:			
Use Alternate Menu Name:	No		

Monday - 02/02/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000903 Yogurt, small, Yoplait-IW	4 oz	100	1100.00	\$40.300
000822 Snack, Granola Bar, Honey & Oa	.74 oz	100	1499.99	\$16.800
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7446.84	\$88.008
% of Calories			87.3%	
Weekly Nutrient Guideline				

Tuesday - 02/03/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				

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	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			4846.85	\$30.908
% of Calories			101.3%	
Weekly Nutrient Guideline				

Wednesday - 02/04/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001203 Cereal Bar, Trix	40 gr	100	3000.00	\$29.700
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7846.85	\$60.608
% of Calories			91.9%	
Weekly Nutrient Guideline				

Thursday - 02/05/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001342 Beef, Sausage on Biscuit	3.10 oz	100	2600.00	\$0.000

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	Portion Size	Reimb Qty	Carb (g)	Cost
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
990073 Goldfish Vanilla Grahams	EACH	100	1900.00	\$0.000
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			9346.85	\$30.908
% of Calories			70.4%	
Weekly Nutrient Guideline				

Friday - 02/06/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	
Weekly Nutrient Guideline				

Monday - 02/09/2026

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Carb (g)	Cost
000153 HOLIDAY				
Weighted Daily Average			0.00	\$0.000
% of Calories			0%	
Weekly Nutrient Guideline				

Tuesday - 02/10/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			4846.85	\$30.908
% of Calories			101.3%	
Weekly Nutrient Guideline				

Wednesday - 02/11/2026

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Carb (g)	Cost
001455 Cheese, String, Mozzarell-USDA	1 oz	100	0.00	\$0.000
000829 Snack, Goldfish, Cheddar	.75 oz	100	1400.00	\$20.400
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			6246.85	\$51.308
% of Calories			65.5%	

Weekly Nutrient Guideline

Thursday - 02/12/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			4846.85	\$30.908
% of Calories			101.3%	

Weekly Nutrient Guideline

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Weighted Values

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Friday - 02/13/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	

Weekly Nutrient Guideline

Monday - 02/16/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000940 Holiday-Presidents Day				
Weighted Daily Average			0.00	\$0.000
% of Calories			0%	

Weekly Nutrient Guideline

Tuesday - 02/17/2026

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			4846.85	\$30.908
% of Calories			101.3%	
Weekly Nutrient Guideline				

Wednesday - 02/18/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000340 Pork, Sausage Patty	1.2 oz	100	50.01	\$0.000
000452 Biscuit, Easy Split	57	100	2400.00	\$0.000
990073 Goldfish Vanilla Grahams	EACH	100	1900.00	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				

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	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			9196.86	\$30.908
% of Calories			65.4%	
Weekly Nutrient Guideline				

Thursday - 02/19/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001221 Muffin, Choc Chip, 3.2oz	EACH	100	4600.00	\$35.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			9446.85	\$65.908
% of Calories			81.9%	
Weekly Nutrient Guideline				

Friday - 02/20/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100

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	Portion Size	Reimb Qty	Carb (g)	Cost
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	
Weekly Nutrient Guideline				

Monday - 02/23/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			4846.85	\$30.908
% of Calories			101.3%	
Weekly Nutrient Guideline				

Tuesday - 02/24/2026

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Carb (g)	Cost
001203 Cereal Bar, Trix	40 gr	100	3000.00	\$29.700
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7846.85	\$60.608
% of Calories			91.9%	
Weekly Nutrient Guideline				

Wednesday - 02/25/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001390 French Toast, Cinnamon Glazed	2.9 oz	100	2800.03	\$0.000
990073 Goldfish Vanilla Grahams	EACH	100	1900.00	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			9546.88	\$30.908
% of Calories			73.2%	
Weekly Nutrient Guideline				

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Weighted Values

Feb 1, 2026 thru Feb 28, 2026

Thursday - 02/26/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
990079 Bagels Strawberry Cream Cheese	2.6 oz	100	3931.69	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			8778.54	\$30.908
% of Calories			86.3%	

Weekly Nutrient Guideline

Friday - 02/27/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				

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	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	
Weekly Nutrient Guideline				
			Carb (g)	Cost
Weighted Averages			7146.66	\$44.258
% of Calories			85.0%	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

† - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.