

Monday	Tuesday	Wednesday	Thursday	Friday
Grilled Sandwich Carrots, Baby Romaine Salad FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	BBQ Turkey Sandwich Carrots, Baby Coleslaw FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Burrito, Bean & Cheese Carrots, Baby Beans FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Beef, Meatball with Gravy Carrots, Baby Potatoes, Mashed FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Chicken Sandwich Carrots, Baby Lettuce & Tomato FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid
Holiday-No School	Cheese Stuffed Sticks, Marinara Sauce Carrots, Baby Romaine Salad FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Popcorn Chicken Carrots, Baby Macaroni Salad FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Enchiladas Carrots, Baby Beans Rice FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Pizza Carrots, Baby Romaine Salad FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid
Holiday-No School	Cooks Choice Carrots, Baby veggie Option FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Pupusas Carrots, Baby Corn FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Spicy Chicken Sandwich Carrots, Baby Lettuce & Tomato FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Chimichanga Carrots, Baby Mex blend Veggie FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid
Nachos W/ Cheese & Chili Carrots, Baby Romaine Salad FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Cheeseburger Carrots, Baby Lettuce & Tomato French Fries FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Hot Dogs Carrots, Baby Chips Beans FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	BBQ Rib Sandwich Carrots, Baby Potato Salad FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Posole Soup Carrots, Baby veggie Option Chips FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid

El Tejon Unified School District

Lunch K-12- MENU SUBJECT TO CHANGE

Jan 19, 2026

February



2026