

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Jan 1, 2026 thru Jan 31, 2026

Menu Name:	Breakfast Menu K-12 - MENU SUBJECT TO CHANGE	Include Cost:	Yes
Site:			
Use Alternate Menu Name:	No		

Thursday - 01/01/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000635 Holiday-New Year's Day				
Weighted Daily Average			0.00	\$0.000
% of Calories			0%	
Weekly Nutrient Guideline				

Friday - 01/02/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000693 Holiday-No School Today				
Weighted Daily Average			0.00	\$0.000
% of Calories			0%	
Weekly Nutrient Guideline				

Monday - 01/05/2026Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			4846.85	\$30.908
% of Calories			101.3%	
Weekly Nutrient Guideline				

Tuesday - 01/06/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000903 Yogurt, small, Yoplait-IW	4 oz	100	1100.00	\$40.300
000822 Snack, Granola Bar, Honey & Oa	.74 oz	100	1499.99	\$16.800
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7446.84	\$88.008
% of Calories			87.3%	
Weekly Nutrient Guideline				

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Weighted Values

Jan 1, 2026 thru Jan 31, 2026

Wednesday - 01/07/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001441 Muffin, Banana Slice, 3.4oz	EACH	100	4500.00	\$44.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			9346.85	\$74.908
% of Calories			84.7%	

Weekly Nutrient Guideline

Thursday - 01/08/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
990073 Goldfish Vanilla Grahams	EACH	100	1900.00	\$0.000
000969 CHOICE OF MILK				

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Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			6746.85	\$30.908
% of Calories			86.7%	
Weekly Nutrient Guideline				

Friday - 01/09/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	
Weekly Nutrient Guideline				

Monday - 01/12/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001223 Muffin, Breakfast Bar	2.8 oz	100	3900.03	\$32.900

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Weighted Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			8746.88	\$63.808
% of Calories			83.0%	
Weekly Nutrient Guideline				

Tuesday - 01/13/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			7136.56	\$46.562
% of Calories			95.1%	
Weekly Nutrient Guideline				

Wednesday - 01/14/2026 Reimbursable Meal Total 1

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Weighted Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
001441 Muffin, Banana Slice, 3.4oz	EACH	100	4500.00	\$44.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			9346.85	\$74.908
% of Calories			84.7%	
Weekly Nutrient Guideline				

Thursday - 01/15/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001390 French Toast, Cinnamon Glazed	2.9 oz	100	2800.03	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
990073 Goldfish Vanilla Grahams	EACH	100	1900.00	\$0.000
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			9546.88	\$30.908
% of Calories			73.2%	
Weekly Nutrient Guideline				

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Weighted Values

Jan 1, 2026 thru Jan 31, 2026

Friday - 01/16/2026		Reimbursable Meal Total 1		
	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			7136.56	\$46.562
% of Calories			95.1%	
Weekly Nutrient Guideline				
Monday - 01/19/2026		Reimbursable Meal Total 1		
	Portion Size	Reimb Qty	Carb (g)	Cost
000636 Holiday-Martin Luther King				
Weighted Daily Average			0.00	\$0.000
% of Calories			0%	
Weekly Nutrient Guideline				
Tuesday - 01/20/2026		Reimbursable Meal Total 1		

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Weighted Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			7136.56	\$46.562
% of Calories			95.1%	
Weekly Nutrient Guideline				

Wednesday - 01/21/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
990079 Bagels Strawberry Cream Cheese	2.6 oz	100	3931.69	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			8778.54	\$30.908
% of Calories			86.3%	
Weekly Nutrient Guideline				

Thursday - 01/22/2026 Reimbursable Meal Total 1

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Weighted Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
001358 Muffin, Blueberry, mini	1.6 oz	100	2299.98	\$21.900
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7146.83	\$52.808
% of Calories			86.3%	
Weekly Nutrient Guideline				

Friday - 01/23/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	
Weekly Nutrient Guideline				

Monday - 01/26/2026

Reimbursable Meal Total 1

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Weighted Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			4846.85	\$30.908
% of Calories			101.3%	

Weekly Nutrient Guideline

Tuesday - 01/27/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	

Weekly Nutrient Guideline

Wednesday - 01/28/2026

Reimbursable Meal Total 1

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Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
001394 Tac-Go, egg & ham	3.35 oz	100	1499.96	\$0.000
000772 Potatoes, French Fries, Crinkl	2 oz	100	1333.33	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7680.14	\$30.908
% of Calories			66.6%	

Weekly Nutrient Guideline

Thursday - 01/29/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				

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	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			4846.85	\$30.908
% of Calories			101.3%	
Weekly Nutrient Guideline				

Friday - 01/30/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	
Weekly Nutrient Guideline				

	Carb (g)	Cost
Weighted Averages	7338.90	\$47.501
% of Calories	87.7%	

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Weighted Values

Jan 1, 2026 thru Jan 31, 2026

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.