

Base Menu Spreadsheet

Weighted Values

El Tejon Unified School District
Jan 1, 2026 thru Jan 31, 2026

Menu Name:	Lunch K-12 - MENU SUBJECT TO CHANGE	Include Cost:	Yes
Site:			
Use Alternate Menu Name:	No		

Thursday - 01/01/2026 Reimbursable Meal Total 1

000635 Holiday-New Year's Day	Portion Size	Reimb Qty (g)	Cost
Weighted Daily Average		0.00	\$0.000
% of Calories		0%	
Weekly Nutrient Guideline			

Friday - 01/02/2026 Reimbursable Meal Total 1

000693 Holiday-No School Today	Portion Size	Reimb Qty (g)	Cost
Weighted Daily Average		0.00	\$0.000
% of Calories		0%	
Weekly Nutrient Guideline			
Monday - 01/05/2026			Reimbursable Meal Total 140

Base Menu Spreadsheet

EI Tejon Unified School District
Jan 1, 2026 thru Jan 31, 2026

Weighted Values

	Portion Size	Reimb Carb Qty (g)	Cost
990082 Cooks Choice - Lunch			
000726 Carrots, Baby - Grimmway	PKG	150 8.57	\$0.000
000885 Romaine Salad	CUP	150 1.66	\$0.000
000970 FRUIT Choice X 2	2 EACH	150 51.51	\$0.041
000969 CHOICE OF MILK			
000960 Milk, Substitute, Lactaid	Half Pint	3 0.28	\$0.010
Weighted Daily Average		62.02	\$0.326
% of Calories		99.2%	

Weekly Nutrient Guideline

Tuesday - 01/06/2026

Reimbursable Meal Total 140

	Portion Size	Reimb Carb Qty (g)	Cost
000754 PB & J Uncrustable-2.6oz	2.6 oz	150 34.29	\$0.520
001455 Cheese, String, Mozzarella-USDA	1 oz	150 0.00	\$0.000
000726 Carrots, Baby - Grimmway	PKG	150 8.57	\$0.000
000885 Romaine Salad	CUP	150 1.66	\$0.000
001463 Chips, Potato, Oven Baked-Lays	0.875 oz	150 20.36	\$0.297
000970 FRUIT Choice X 2	2 EACH	150 51.51	\$0.041

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Jan 1, 2026 thru Jan 31, 2026

Weighted Values

	Portion Size	Reimb Carb Qty (g)	Cost
000969 CHOICE OF MILK			
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28 \$0.010
Weighted Daily Average		116.66	\$1.142
% of Calories		59.4%	
Weekly Nutrient Guideline			

Wednesday - 01/07/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Carb Qty (g)	Cost
001101 Nachos, Cheese/ Chips			
	4 ounces	150 3153.72	\$0.000
000726 Carrots, Baby - Grimmway			
	PKG	150 1200.00	\$0.000
000965 Beans, Refried2			
	1/2 cup	150 5451.20	\$38.060
000970 FRUIT Choice X 2			
	2 EACH	150 7211.78	\$5.693
000969 CHOICE OF MILK			
000960 Milk, Substitute, Lactaid			
	Half Pint	3	39.00 \$1.446
Weighted Daily Average		17055.69	\$83.698
% of Calories		59.1%	
Weekly Nutrient Guideline			

Thursday - 01/08/2026 Reimbursable Meal Total 140

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EI Tejon Unified School District
Jan 1, 2026 thru Jan 31, 2026

Weighted Values

	Portion Size	Reimb Carb Qty (g)	Cost
990082 Cookies Choice - Lunch			
000726 Carrots, Baby - Grimmway	PKG	150 8.57	\$0.000
000885 Romaine Salad	CUP	150 1.66	\$0.000
000970 FRUIT Choice X 2	2 EACH	150 51.51	\$0.041
990073 Goldfish Vanilla Grahams	EACH	150 20.36	\$0.000
000969 CHOICE OF MILK			
000960 Milk, Substitute, Lactaid	Half Pint	3 0.28	\$0.010
Weighted Daily Average		82.38	\$0.326
% of Calories		86.9%	

Weekly Nutrient Guideline

Friday - 01/09/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Carb Qty (g)	Cost
001435 Burrito, Bean & Cheese, Bulk	5.4	150 6567.74	\$24.750
001434 Burrito, Bean & Chz Chile Rell	7.66	150 7805.92	\$0.000
000726 Carrots, Baby - Grimmway	PKG	150 1200.00	\$0.000
000967 CHOICE OF VEGETABLE			

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EI Tejon Unified School District
Jan 1, 2026 thru Jan 31, 2026

Weighted Values

	Portion Size	Reimb Carb Qty (g)	Cost
000270 CORN: canned, yellow	1/2 CUP	150 2551.46	\$0.000
000970 FRUIT Choice X 2	2 EACH	150 7211.78	\$5.693
000969 CHOICE OF MILK			
000960 Milk, Substitute, Lactaid	Half Pint	3 39.00	\$1.446
Weighted Daily Average		25375.8 9	\$70.389
% of Calories		66.1%	

Weekly Nutrient Guideline

Monday - 01/12/2026 Reimbursable Meal Total 140

	Portion Size	Reimb Carb Qty (g)	Cost
001291 Pizza, French Bread, Garlic-S6	4.29 oz	150 32.14	\$0.000
000726 Carrots, Baby - Grimmway	PKG	150 8.57	\$0.000
000885 Romaine Salad	CUP	150 1.66	\$0.000
000970 FRUIT Choice X 2	2 EACH	150 51.51	\$0.041
000969 CHOICE OF MILK			

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EI Tejon Unified School District
Jan 1, 2026 thru Jan 31, 2026

Weighted Values

	Portion Size	Reimb Carb Qty (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28 \$0.010
Weighted Daily Average		94.16	\$0.326
% of Calories		64.7%	
Weekly Nutrient Guideline			

Tuesday - 01/13/2026 Reimbursable Meal Total 140

	Portion Size	Reimb Carb Qty (g)	Cost
000992 Beef, Cheeseburger-Don Lee	5.10 oz	150	30.93 \$0.171
000726 Carrots, Baby - Grimmway	PKG	150	8.57 \$0.000
000667 Potatoes, French Fries, Lamb W/	5 oz	150	21.43 \$0.000
001301 Lettuce Ro & Tomato; 1 leaf; 2 sl	1 fl, 2 slc	150	0.40 \$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51 \$0.041
000969 CHOICE OF MILK			
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28 \$0.010
Weighted Daily Average		113.12	\$0.497
% of Calories		58.1%	
Weekly Nutrient Guideline			

Wednesday - 01/14/2026 Reimbursable Meal Total 140

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Jan 1, 2026 thru Jan 31, 2026

Weighted Values

	Portion Size	Reimb Carb Qty (g)	Cost
000794 Tamale, Chicken Pocket	5 oz	150	27.91 \$0.801
001349 Tamale, Grn Chili Pocket	5 oz	150	31.13 \$0.801
000726 Carrots, Baby - Grimmway	PKG	150	8.57 \$0.000
000965 Beans, Refried2	1/2 cup	150	38.94 \$0.272
000970 FRUIT Choice X 2	2 EACH	150	51.51 \$0.041
000969 CHOICE OF MILK			
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28 \$0.010
Weighted Daily Average		158.33	\$2.201
% of Calories		53.8%	

Weekly Nutrient Guideline

Thursday - 01/15/2026 Reimbursable Meal Total 140

	Portion Size	Reimb Carb Qty (g)	Cost
990080 Buffalo Chicken Sandwich	4 oz	150	*N/A* \$0.000
000726 Carrots, Baby - Grimmway	PKG	150	8.57 \$0.000
001262 Potato Salad	6 oz	150	18.19 \$0.048
000970 FRUIT Choice X 2	2 EACH	150	51.51 \$0.041

Base Menu Spreadsheet

Weighted Values

EI Tejon Unified School District
Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Carb Qty (g)	Cost
000969 CHOICE OF MILK			
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28 \$0.010
Weighted Daily Average		78.55	\$0.374
% of Calories		95.5%	
Weekly Nutrient Guideline			

Friday - 01/16/2026 Reimbursable Meal Total 140

	Portion Size	Reimb Carb Qty (g)	Cost
001334 Chicken & Gravy			
	4 oz	150	3.99 \$0.142
000726 Carrots, Baby - Grimmway			
	PKG	150	8.57 \$0.000
000350 Potatoes, Mashed			
	1/2 cup	150	2.95 \$0.088
000970 FRUIT Choice X 2			
	2 EACH	150	51.51 \$0.041
000969 CHOICE OF MILK			
000960 Milk, Substitute, Lactaid			
	Half Pint	3	0.28 \$0.010
Weighted Daily Average		67.30	\$0.556
% of Calories		62.5%	
Weekly Nutrient Guideline			

Monday - 01/19/2026 Reimbursable Meal Total 140

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EI Tejon Unified School District
Jan 1, 2026 thru Jan 31, 2026

Weighted Values

	Portion Size	Reimb Carb Qty (g)	Cost
000636 Holiday-Martin Luther King			
Weighted Daily Average		0.00	\$0.000
% of Calories		0%	
Weekly Nutrient Guideline			

Tuesday - 01/20/2026 Reimbursable Meal Total 140

	Portion Size	Reimb Carb Qty (g)	Cost
000787 Chicken, Mandarin 4 oz Orange		150	22.62 \$0.000
000726 Carrots, Baby - Grimmway	PKG	150	8.57 \$0.000
000909 Broccoli, Fresh	4 oz	150	8.07 \$0.000
000869 Rice, Brown	1/2 CUP	150	24.16 \$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51 \$0.041
000969 CHOICE OF MILK			
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28 \$0.010
Weighted Daily Average		115.21	\$0.326
% of Calories		80.1%	
Weekly Nutrient Guideline			

Wednesday - 01/21/2026 Reimbursable Meal Total 140

Base Menu Spreadsheet

Weighted Values

El Tejon Unified School District
Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Carb Qty	Cost
000752 Corn Dog-34072	4 oz	150	29.79 \$0.316
000726 Carrots, Baby - Grimmway	PKG	150	8.57 \$0.000
000865 Romaine Salad	CUP	150	1.66 \$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51 \$0.041
000969 CHOICE OF MILK			
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28 \$0.010
Weighted Daily Average		91.81	\$0.642
% of Calories		72.7%	

Weekly Nutrient Guideline

Thursday - 01/22/2026 Reimbursable Meal Total 140

	Portion Size	Reimb Carb Qty	Cost
990063 Chicken, Patty Santitas-66210 RESIZED	5.35 oz	150	47.27 \$0.198
000726 Carrots, Baby - Grimmway	PKG	150	8.57 \$0.000
001301 Lettuce Ro & Tomato: 1 leaf, 2 sl	1 fl.2 slc	150	0.40 \$0.000
000763 Potatoes, Breakfast	4 oz	150	31.36 \$0.000
000377 CUCUMBER, RAW4 OZ		150	2.62 \$0.000

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EI Tejon Unified School District
Jan 1, 2026 thru Jan 31, 2026

Weighted Values

	Portion Size	Reimb Carb Qty (g)	Cost
000970 FRUIT Choice X 2	2 EACH	150	51.51 \$0.041
000989 CHOICE OF MILK			
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28 \$0.010
Weighted Daily Average		142.02	\$0.524
% of Calories			68.3%

Weekly Nutrient Guideline

Friday - 01/23/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Carb Qty (g)	Cost
990082 Cooks Choice - Lunch			
000726 Carrots, Baby - Grimmway	PKG	150	1200.00 \$0.000
000885 Romaine Salad	CUP	150	231.94 \$0.000
000970 FRUIT Choice X 2	2 EACH	150	7211.78 \$5.693
000989 CHOICE OF MILK			
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00 \$1.446
Weighted Daily Average		8682.72	\$45.639
% of Calories			99.2%

Weekly Nutrient Guideline

Base Menu Spreadsheet

Weighted Values

EI Tejon Unified School District
Jan 1, 2026 thru Jan 31, 2026

Monday - 01/26/2026 Reimbursable Meal Total 140

	Portion Size	Reimb Carb Qty (g)	Cost
000986 Pretzel, WG King& 7 oz Nacho Cheese		150	45.00 \$0.829
000726 Carrots, Baby - Grimmway	PKG	150	8.57 \$0.000
000717 Green Beans	1/2 CUP	150	4.29 \$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51 \$0.041
000969 CHOICE OF MILK			
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28 \$0.010
Weighted Daily Average		109.65	\$1.155
% of Calories		83.4%	

Weekly Nutrient Guideline

Tuesday - 01/27/2026 Reimbursable Meal Total 140

	Portion Size	Reimb Carb Qty (g)	Cost
001239 Taco In a Bag	4.5 oz	150	29.79 \$0.400
000726 Carrots, Baby - Grimmway	PKG	150	8.57 \$0.000
001301 Lettuce Ro & Tomato, 1 leaf/2 sl	1 fl, 2 slc	150	0.40 \$0.000
000767 Beans, Pinto	4 oz	150	19.14 \$0.000

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EI Tejon Unified School District
Jan 1, 2026 thru Jan 31, 2026

Weighted Values

	Portion Size	Reimb Carb Qty (g)	Cost
001329 Tortilla Chips, 0.875 oz	.875 oz	150	19.28 \$0.296
000970 FRUIT Choice X 2	2 EACH	150	51.51 \$0.041
000969 CHOICE OF MILK			
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28 \$0.010
Weighted Daily Average		128.96	\$1.021
% of Calories		56.4%	

Weekly Nutrient Guideline

Wednesday - 01/28/2026 Reimbursable Meal Total 140

	Portion Size	Reimb Carb Qty (g)	Cost
990083 Chicken, Fajitas Bowl GF	4 oz	150	1.92 \$0.000
000726 Carrots, Baby - Grimmway	PKG	150	8.57 \$0.000
000270 CORN: canned, yellow	1/2 CUP	150	18.22 \$0.000
000774 Beans, Black	4 oz	150	25.37 \$0.000
000868 Rice, Brown	1/2 CUP	150	24.16 \$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51 \$0.041
000969 CHOICE OF MILK			

Base Menu Spreadsheet

EI Tejon Unified School District
Jan 1, 2026 thru Jan 31, 2026

Weighted Values

	Portion Size	Reimb Carb Qty (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28 \$0.010
Weighted Daily Average		130.03	\$0.326
% of Calories		81.3%	
Weekly Nutrient Guideline			

Thursday - 01/29/2026 Reimbursable Meal Total 140

	Portion Size	Reimb Carb Qty (g)	Cost
001419 Chicken, Drunsticks, bread-Tys	4.4 oz	150	5.36 \$0.000
000726 Carrots, Baby - Grimmway	PKG	150	8.57 \$0.000
000350 Potatoes, Mashed	1/2 cup	150	2.95 \$0.088
000717 Green Beans	1/2 CUP	150	4.29 \$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51 \$0.041
000969 CHOICE OF MILK			
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28 \$0.010
Weighted Daily Average		72.95	\$0.414
% of Calories		59.8%	
Weekly Nutrient Guideline			

Friday - 01/30/2026 Reimbursable Meal Total 140

Base Menu Spreadsheet

Weighted Values

El Tejon Unified School District
Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Carb Qty (g)	Cost
000908 Pizza, Pepperoni Sandwich, Tony	EACH	150	33.21 \$0.000
000726 Carrots, Baby - Grimmway	PKG	150	8.57 \$0.000
000885 Romaine Salad	CUP	150	1.66 \$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51 \$0.041
000969 CHOICE OF MILK			
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28 \$0.010
Weighted Daily Average		95.23	\$0.326
% of Calories		66.5%	

Weekly Nutrient Guideline

	Carb (g)	Cost
Weighted Averages	2777.51	\$11.064
% of Calories	67.3%	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
*- denotes combined nutrient totals with either missing or incomplete nutrient data
*- denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.