

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Jun 1  
**Enchiladas, Pepper Jack**  
 Carrots  
 Romaine Salad  
 Pinto Beans  
 Rice, Brown  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute,  
 Lactaid

Jun 2  
**Chicken & Rice Burritos**  
 Carrots  
**CHOICE OF VEGETABLE**  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute, Lactaid

Jun 3  
**Taco Nada**  
 Carrots  
 Romaine Salad  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute,  
 Lactaid

Jun 4  
**Cooks Choice**  
 Carrots  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute,  
 Lactaid

Jun 5  
 Holiday-No School  
 Today

Jun 8  
**Ham and Cheese Hoagies**  
 Carrots  
 Chips  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute,  
 Lactaid

Jun 9  
**Bread Sticks W/**  
 Marinara Sauce  
 Peas & Carrots  
 FRUIT Choice X 2  
 CHOICE OF MILK Milk,  
 Substitute, Lactaid

Jun 10  
**Tamale, Grn Chili**  
 Pocket Tamale,  
 Chicken Pocket  
 Carrots  
 Mexican CORN  
 FRUIT Choice X 2 CHOICE  
 OF MILK  
 Milk, Substitute, Lactaid

Jun 11  
**Grilled Cheese Sandwich**  
 Carrots  
 Mixed Veggies  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute,  
 Lactaid

Jun 12  
**Pizza**  
 Carrots  
 Romaine Salad  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute,  
 Lactaid

Jun 15  
**Cheeseburger Sliders**  
 Carrots  
 French Fries  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute,  
 Lactaid

Jun 16  
**Burrito**  
 Carrots  
**CHOICE OF VEGETABLE**  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute, Lactaid

Jun 17  
**FIESTADA BEEF STUFFED SANDWICH**  
 Carrots  
 Potato Salad  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute,  
 Lactaid

Jun 18  
**Nachos, Cheese/ Chips**  
 Carrots  
 Corn  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute,  
 Lactaid

Jun 19  
 Holiday-No School  
 Today

Jun 22  
**Chicken, Patty Sandw w/chiz**  
 Carrots  
 Lettuce & Tomato  
 French Fries  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute,  
 Lactaid

Jun 23  
**Lazagna**  
 Romaine Salad  
 Mixed Veggies  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute,  
 Lactaid

Jun 24  
**Taco Nada**  
 Carrots  
**CHOICE OF VEGETABLE**  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute, Lactaid

Jun 25  
**Ham and Cheese Hoagies**  
 Carrots, Baby  
 Chips  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute,  
 Lactaid

Jun 26  
**Pizza**  
 Carrots  
**CHOICE OF VEGETABLE**  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute, Lactaid

Jun 29  
**Cooks Choice**  
 Carrots  
**CHOICE OF VEGETABLE**  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute, Lactaid

Jun 30  
**Chicken & Rice Burritos**  
 Carrots  
**CHOICE OF VEGETABLE**  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute, Lactaid

Jul 1  
**Bread Sticks W/**  
 Marinara Sauce  
 Carrots  
**CHOICE OF VEGETABLE**  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute, Lactaid

Jul 2  
**Grilled Cheese Sandwich-Integr**  
 Carrots  
**CHOICE OF VEGETABLE**  
 FRUIT Choice X 2  
 CHOICE OF MILK  
 Milk, Substitute, Lactaid

Jul 3  
 Holiday-No School  
 Today

May 21, 2026

El Tejon Unified School  
 District

El Tejon Lunch K-12 - MENU SUBJECT TO  
 CHANGE

