

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Mar 2, 2026 thru Mar 31, 2026

Menu Name:	Breakfast Menu K-12 - MENU SUBJECT TO CHANGE	Include Cost:	Yes
Site:	All Sites		
Use Alternate Menu Name:	No		

Monday - 03/02/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001221 Muffin, Choc Chip, 3.2oz	EACH	100	4600.00	\$35.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			9446.85	\$65.908
% of Calories			81.9%	
Weekly Nutrient Guideline				

Tuesday - 03/03/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				

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	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			4846.85	\$30.908
% of Calories			101.3%	
Weekly Nutrient Guideline				

Wednesday - 03/04/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			4846.85	\$30.908
% of Calories			101.3%	
Weekly Nutrient Guideline				

Thursday - 03/05/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001342 Beef, Sausage on Biscuit	3.10 oz	100	2600.00	\$0.000

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Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
990073 Goldfish Vanilla Grahams	EACH	100	1900.00	\$0.000
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			9346.85	\$30.908
% of Calories			70.4%	
Weekly Nutrient Guideline				

Friday - 03/06/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	
Weekly Nutrient Guideline				

Monday - 03/09/2026

Reimbursable Meal Total 1

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Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000948 Cereal Bar, Golden Grah	40 gr	100	3000.00	\$24.500
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7846.85	\$55.408
% of Calories			91.9%	
Weekly Nutrient Guideline				

Tuesday - 03/10/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001390 French Toast, Cinnamon Glazed	2.9 oz	100	2800.03	\$0.000
990073 Goldfish Vanilla Grahams	EACH	100	1900.00	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				

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	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			9546.88	\$30.908
% of Calories			73.2%	
Weekly Nutrient Guideline				

Wednesday - 03/11/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001357 Muffin, Cinnamon Crumb Cake, 3oz	EACH	100	4300.00	\$36.500
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			9146.85	\$67.408
% of Calories			82.9%	
Weekly Nutrient Guideline				

Thursday - 03/12/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
990079 Bagels Strawberry Cream Cheese	2.6 oz	100	3931.69	\$0.000

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	Portion Size	Reimb Qty	Carb (g)	Cost
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			8778.54	\$30.908
% of Calories			86.3%	
Weekly Nutrient Guideline				

Friday - 03/13/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	
Weekly Nutrient Guideline				

Monday - 03/16/2026

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			4846.85	\$30.908
% of Calories			101.3%	
Weekly Nutrient Guideline				

Tuesday - 03/17/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001342 Beef, Sausage on Biscuit	3.10 oz	100	2600.00	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7446.85	\$30.908
% of Calories			72.4%	
Weekly Nutrient Guideline				

Wednesday - 03/18/2026

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Carb (g)	Cost
000903 Yogurt, small, Yoplait-IW	4 oz	100	1100.00	\$40.300
000822 Snack, Granola Bar, Honey & Oa	.74 oz	100	1499.99	\$16.800
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7446.84	\$88.008
% of Calories			87.3%	
Weekly Nutrient Guideline				

Thursday - 03/19/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001221 Muffin, Choc Chip, 3.2oz	EACH	100	4600.00	\$35.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				

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	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			9446.85	\$65.908
% of Calories			81.9%	
Weekly Nutrient Guideline				

Friday - 03/20/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	
Weekly Nutrient Guideline				

Monday - 03/23/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				

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Weighted Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			4846.85	\$30.908
% of Calories			101.3%	
Weekly Nutrient Guideline				

Tuesday - 03/24/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001223 Muffin, Breakfast Bar	2.8 oz	100	3900.03	\$32.900
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			8746.88	\$63.808
% of Calories			83.0%	
Weekly Nutrient Guideline				

Wednesday - 03/25/2026

Reimbursable Meal Total 1

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Weighted Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
001428 Sandwich, Croissant, Turkey Pe	5.2	100	3599.93	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			8446.78	\$30.908
% of Calories			61.3%	
Weekly Nutrient Guideline				

Thursday - 03/26/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			4846.85	\$30.908
% of Calories			101.3%	
Weekly Nutrient Guideline				

Friday - 03/27/2026

Reimbursable Meal Total 1

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Weighted Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	
Weekly Nutrient Guideline				

Monday - 03/30/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000153 HOLIDAY				
Weighted Daily Average			0.00	\$0.000
% of Calories			0%	
Weekly Nutrient Guideline				

Tuesday - 03/31/2026

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Carb (g)	Cost
000153 HOLIDAY				
Weighted Daily Average			0.00	\$0.000
% of Calories			0%	
Weekly Nutrient Guideline				

	Carb (g)	Cost
Weighted Averages	7429.18	\$45.378
% of Calories	84.2%	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

† - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.