

Monday

Tuesday

Wednesday

Thursday

Friday

May 4

Tamale, Grn Chill Pocket
Burrito, Bean & Cheese
Carrots, Baby
CORN
Romaine Salad
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute,
Lactaid

May 11

Chicken, Drumsticks
Carrots, Baby
Potato Salad
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute,
Lactaid

May 18

Cooks Choice
Carrots, Baby -
Cucumbers
FRUIT Choice X 2
CHOICE OF MILK Milk,
Substitute, Lactaid

May 25

Holiday-Memorial
Day

May 5

Taco in Bag Chips
Carrots, Baby - Grimmway
Lettuce Ro & Tomato
Beans, Pinto
Mixed Veggies
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute, Lactaid

May 12

Lasagna
Carrots, Baby
Romaine Salad
Garlic Knots
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute, Lactaid

May 19

Chicken, Posole Soup
Carrots, Baby
Mixed Vegetables
Tortilla Chips
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute, Lactaid

May 26

Taco Nada
Carrots, Baby
Beans, Pinto
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute, Lactaid

May 6

Pizza, Cheese Stuffed Sticks,
Marinara Sauce Cup
Carrots, Baby
Green Beans
Romaine Salad
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute,
Lactaid

May 13

Pupusas
Carrots, Baby
Romaine Salad
Beans, Pinto
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute, Lactaid

May 20

Chicken, Nuggets
Carrots, Baby
Mashed Potatoes
Romaine Salad
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute,
Lactaid

May 27

Pizza
Carrots, Baby
Veggie Beans
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute,
Lactaid

May 7

Chicken, Mandarin Orange
Carrots, Baby
Broccoli, Fresh
Vegetables, Stir Fry
Rice
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute,
Lactaid

May 14

Chicken Dumplings
Carrots, Baby
Mixed Vegetables
Noodles
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute, Lactaid

May 21

Spaghetti & Meatballs
Carrots, Baby
Romaine Salad
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute,
Lactaid

May 28

Chicken Sandwich
Carrots, Baby
Romaine Salad
Chips
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute,
Lactaid

May 1

Nachos, Cheese/ Chips
Pretzel
Carrots, Baby
Romaine Salad
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute, Lactaid

May 8

Cheeseburger
Carrots, Baby
French Fries
Romaine Salad
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute, Lactaid

May 15

Philly Cheese Steak Sandwich
Carrots, Baby
French Fries
Romaine Salad
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute, Lactaid

May 22

Hot Wings
Potato Salad
Green Beans
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute,
Lactaid

May 29

Baked Potato Bar
Carrots, Baby
Mixed Vegetables
FRUIT Choice X 2
CHOICE OF MILK
Milk, Substitute,
Lactaid

Apr 23, 2026

El Tejon Unified School
District

Lunch K--12 HS - MENU SUBJECT TO CHANGE

