

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

May 1, 2026 thru May 31, 2026

Menu Name:	El Tejon K-12 MENU SUBJECT TO CHANGE	Include Cost:	Yes
Site:			
Use Alternate Menu Name:	No		

Friday - 05/01/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001101 Nachos, Cheese/Chips	4 ounces	150	3153.72	\$0.000
000497 Pretzel, King Size WG-no chz	5 oz	150	5399.94	\$88.350
000726 Carrots, Baby - Grimmway	PKG	150	1200.00	\$0.000
000885 Romaine Salad	CUP	150	231.94	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	7211.78	\$5.693
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average		17236.3	\$133.989	
% of Calories			61.6%	

Weekly Nutrient Guideline

Monday - 05/04/2026 Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
001349 Tamale, Grn Chili Pocket	5 oz	150	31.13	\$0.801

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	Portion Size	Reimb Qty	Carb (g)	Cost
001435 Burrito, Bean & Cheese, Bulk	5.4	150	46.91	\$0.177
000270 CORN: canned, yellow	1/2 CUP	150	18.22	\$0.000
000885 Romaine Salad	CUP	150	1.66	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			149.71	\$1.304
% of Calories			57.4%	
Weekly Nutrient Guideline				

Tuesday - 05/05/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001341 Taco in Bag Chips	1.5 oz	150	3900.03	\$55.950
000726 Carrots, Baby - Grimmway	PKG	150	1200.00	\$0.000
001301 Lettuce Ro & Tomato: 1 leaf, 2 sl	1 lf, 2 slc	150	55.34	\$0.000
000767 Beans, Pinto	4 oz	150	2679.03	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	7211.78	\$5.693
000969 CHOICE OF MILK				

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Weighted Values

May 1, 2026 thru May 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average		15085.1	\$101.589	7
% of Calories		76.3%		

Weekly Nutrient Guideline

Wednesday - 05/06/2026

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
000790 Pizza, Cheese Stuffed Sticks,	2 EACH	150	32.14	\$0.000
990065 Marinara Sauce Cup *RESIZED*	2 oz	150	5.99	\$0.225
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000717 Green Beans	1/2 CUP	150	4.29	\$0.000
000885 Romaine Salad	CUP	150	1.66	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average		104.44	\$0.551	
% of Calories		67.2%		

Weekly Nutrient Guideline

Base Menu Spreadsheet

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Weighted Values

May 1, 2026 thru May 31, 2026

Thursday - 05/07/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000787 Chicken, Mandarin Orange		150	3166.70	\$0.000
000726 Carrots, Baby - Grimmway	PKG	150	1200.00	\$0.000
000909 Broccoli, Fresh	4 oz	150	1129.44	\$0.000
000877 Vegetables, Stir Fry2	4 oz	150	1000.00	\$54.391
000869 Rice, Brown	1/2 CUP	150	3382.05	\$0.000
001157 Cookie, Fortune	each	150	0.00	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	7211.78	\$5.693
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average		17128.9	\$100.029	
% of Calories		66.3%		

Weekly Nutrient Guideline

Friday - 05/08/2026 Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
000992 Beef, Cheeseburger-Don Lee	5.10 oz	150	30.93	\$0.171

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Weighted Values

May 1, 2026 thru May 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000772 Potatoes, French Fries, Crinkl	2 oz	150	14.29	\$0.000
990071 Lettuce Salad-Romaine *RESIZED*	4 oz	150	4.00	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			109.58	\$0.497
% of Calories			58.1%	
Weekly Nutrient Guideline				

Monday - 05/11/2026

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
001419 Chicken, Drumsticks, bread-Tys	4.4 oz	150	5.36	\$0.000
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
001262 Potato Salad	6 oz	150	18.19	\$0.048
990073 Goldfish Vanilla Grahams	EACH	150	20.36	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				

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Weighted Values

May 1, 2026 thru May 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			104.27	\$0.374
% of Calories			63.1%	

Weekly Nutrient Guideline

Tuesday - 05/12/2026

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
001072 Pasta, Spaghetti, Italian	1 Cup	150	7.66	\$0.262
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000885 Romaine Salad	CUP	150	1.66	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			69.68	\$0.588
% of Calories			79.4%	

Weekly Nutrient Guideline

Wednesday - 05/13/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

May 1, 2026 thru May 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
001483 Chimichanga, Beef-Michael B's	5.16 oz	150	6450.00	\$0.000
000726 Carrots, Baby - Grimmway	PKG	150	1200.00	\$0.000
000885 Romaine Salad	CUP	150	231.94	\$0.000
000767 Beans, Pinto	4 oz	150	2679.03	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	7211.78	\$5.693
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average		17811.7	5	\$45.639
% of Calories		67.6%		

Weekly Nutrient Guideline

Thursday - 05/14/2026

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
990078 Chicken Dumplings	4 oz	150	*N/A*	\$0.000
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000671 Vegetables, Mixed, 1/2 cup Purchased		150	7.40	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				

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El Tejon Unified School District

Weighted Values

May 1, 2026 thru May 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			67.76	\$0.326
% of Calories			97.1%	

Weekly Nutrient Guideline

Friday - 05/15/2026 Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
000859 Beef, Meatball Sandwich	7 oz	150	43.15	\$0.002
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000772 Potatoes, French Fries, Crinkl	2 oz	150	14.29	\$0.000
000885 Romaine Salad	CUP	150	1.66	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			119.45	\$0.328
% of Calories			61.9%	

Weekly Nutrient Guideline

Monday - 05/18/2026 Reimbursable Meal Total 140

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

May 1, 2026 thru May 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
990082 Cooks Choice - Lunch				
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000377 CUCUMBER,RAW4 OZ		150	2.62	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			62.99	\$0.326
% of Calories			99.2%	

Weekly Nutrient Guideline

Tuesday - 05/19/2026

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
001411 Chicken, Posole Soup	6 oz	150	7.65	\$0.185
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000671 Vegetables, Mixed, 1/2 cup Purchased		150	7.40	\$0.000
001329 Tortilla Chips, 0.875 oz	.875 oz	150	19.28	\$0.296
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041

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El Tejon Unified School District

Weighted Values

May 1, 2026 thru May 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			94.69	\$0.807
% of Calories			77.8%	
Weekly Nutrient Guideline				

Wednesday - 05/20/2026 Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
000523 Chicken, Nuggets, WG Br-61210	3.4 oz	150	12.86	\$0.260
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000350 Potatoes, Mashed	1/2 cup	150	2.95	\$0.088
000885 Romaine Salad	CUP	150	1.66	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			77.82	\$0.674
% of Calories			64.4%	
Weekly Nutrient Guideline				

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

May 1, 2026 thru May 31, 2026

Thursday - 05/21/2026 Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
000809 Pasta with Meatballs	1 Cup	150	37.51	\$0.256
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000885 Romaine Salad	CUP	150	1.66	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			99.53	\$0.582
% of Calories			73.0%	
Weekly Nutrient Guideline				

Friday - 05/22/2026 Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
001359 Chicken, Cajun Chicken	4 oz	150	2.77	\$0.110
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
001262 Potato Salad	6 oz	150	18.19	\$0.048
000717 Green Beans	1/2 CUP	150	4.29	\$0.000

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May 1, 2026 thru May 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			85.61	\$0.484
% of Calories			63.4%	
Weekly Nutrient Guideline				

Monday - 05/25/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000853 Holiday-Memorial Day				
Weighted Daily Average			0.00	\$0.000
% of Calories			0%	
Weekly Nutrient Guideline				

Tuesday - 05/26/2026

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
000678 Taco Nada, Turkey 4.5 oz Taco Pocket		150	33.21	\$0.589
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000

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May 1, 2026 thru May 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000767 Beans, Pinto	4 oz	150	19.14	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			112.71	\$0.915
% of Calories			73.2%	

Weekly Nutrient Guideline

Wednesday - 05/27/2026

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
000863 Pizza, Tony's 4X6 Cheese Pizza	4.5 oz	150	37.50	\$0.202
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000885 Romaine Salad	CUP	150	1.66	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				

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May 1, 2026 thru May 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			99.52	\$0.528
% of Calories			69.6%	

Weekly Nutrient Guideline

Thursday - 05/28/2026 Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
001352 Chicken, Patty Sandw w/chz	5.35 oz	150	43.93	\$0.180
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000885 Romaine Salad	CUP	150	1.66	\$0.000
001463 Chips, Potato, Oven Baked-Lays	0.875 oz	150	20.36	\$0.297
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			126.31	\$0.803
% of Calories			62.8%	

Weekly Nutrient Guideline

Friday - 05/29/2026 Reimbursable Meal Total 140

Base Menu Spreadsheet

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Weighted Values

May 1, 2026 thru May 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000044 Potato, Baked	EACH	150	45.77	\$0.000
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000671 Vegetables, Mixed, 1/2 cup Purchased		150	7.40	\$0.000
000885 Romaine Salad	CUP	150	1.66	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			115.19	\$0.326
% of Calories			94.4%	

Weekly Nutrient Guideline

	Carb (g)	Cost
Weighted Averages	3443.08	\$19.533
% of Calories	67.3%	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

, - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.