

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

Menu Name:	Breakfast Menu K-12 - MENU SUBJECT TO CHANGE	Include Cost:	Yes
Site:			
Use Alternate Menu Name:	No		

Monday - 09/01/2025Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Carb (g)	Cost
000770 Holiday-Labor Day				
Weighted Daily Average			0.00	\$0.000
% of Calories			0%	
Weekly Nutrient Guideline				

Tuesday - 09/02/2025Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2 2 EACH		100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			4807.85	\$29.462
% of Calories			101.9%	
Weekly Nutrient Guideline				

Wednesday - 09/03/2025Reimbursable Meal Total 1

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			4807.85	\$29.462
% of Calories			101.9%	
Weekly Nutrient Guideline				

Thursday - 09/04/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			7136.56	\$46.562
% of Calories			95.1%	
Weekly Nutrient Guideline				

Friday - 09/05/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
001221 Muffin, Choc Chip, 3.2oz	EACH	100	4600.00	\$35.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			9407.85	\$64.462
% of Calories			82.0%	
Weekly Nutrient Guideline				

Monday - 09/08/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Carb (g)	Cost
000903 Yogurt, small, Yoplait-IW	4 oz	100	11.00	\$0.403
000822 Snack, Granola Bar, Honey & Oa	.74 oz	100	15.00	\$0.168
000970 FRUIT Choice X 2	2 EACH	100	48.08	\$0.038
000969 CHOICE OF MILK				
Weighted Daily Average			74.08	\$0.866
% of Calories			87.4%	
Weekly Nutrient Guideline				

Tuesday - 09/09/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Carb (g)	Cost
001203 Cereal Bar, Trix	40 gr	100	3000.00	\$29.700
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			7807.85	\$59.162
% of Calories			92.2%	
Weekly Nutrient Guideline				

Wednesday - 09/10/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			4807.85	\$29.462
% of Calories			101.9%	
Weekly Nutrient Guideline				

Thursday - 09/11/2025 Reimbursable Meal Total 1

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			4807.85	\$29.462
% of Calories			101.9%	
Weekly Nutrient Guideline				

Friday - 09/12/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000944 Cereal Bowl, Goldn Grah	28 gr	100	2400.01	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			7207.86	\$46.562
% of Calories			96.5%	
Weekly Nutrient Guideline				

Monday - 09/15/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			4807.85	\$29.462
% of Calories			101.9%	
Weekly Nutrient Guideline				

Tuesday - 09/16/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
990079 Bagels Strawberry Cream Cheese	2.6 oz	100	3931.69	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			8739.54	\$29.462
% of Calories			86.5%	
Weekly Nutrient Guideline				

Wednesday - 09/17/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
000763 Potatoes, Breakfast	4 oz	100	2927.24	\$0.000
990073 Goldfish Vanilla Grahams	EACH	100	1900.00	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			9635.09	\$29.462
% of Calories			84.3%	
Weekly Nutrient Guideline				

Thursday - 09/18/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001390 French Toast, Cinnamon Glazed	2.9 oz	100	2800.03	\$0.000
990073 Goldfish Vanilla Grahams	EACH	100	1900.00	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			9507.88	\$29.462
% of Calories			73.3%	
Weekly Nutrient Guideline				

Friday - 09/19/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

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Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
001440 Muffin, Mini Breakfast Cluster	2.75	100	3799.98	\$34.800
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			8607.83	\$64.262
% of Calories			76.7%	
Weekly Nutrient Guideline				

Monday - 09/22/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			7136.56	\$46.562
% of Calories			95.1%	
Weekly Nutrient Guideline				

Tuesday - 09/23/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000969 CHOICE OF MILK				
000970 FRUIT Choice X 2 2 EACH		100	4807.85	\$3.795
Weighted Daily Average			4807.85	\$29.462
% of Calories			101.9%	
Weekly Nutrient Guideline				

Wednesday - 09/24/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001379 Muffin, Top, Apple Cinnamon	2.5 oz	100	3700.04	\$38.200
000970 FRUIT Choice X 2 2 EACH		100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			8507.89	\$67.662
% of Calories			83.3%	
Weekly Nutrient Guideline				

Thursday - 09/25/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
000452 Biscuit, Easy Split	57	100	2400.00	\$0.000
000556 Gravy, Country	2 oz	100	2834.95	\$0.000
990073 Goldfish Vanilla Grahams	EACH	100	1900.00	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			11942.8 0	\$29.462
% of Calories			63.4%	
Weekly Nutrient Guideline				

Friday - 09/26/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			4807.85	\$29.462
% of Calories			101.9%	
Weekly Nutrient Guideline				

Monday - 09/29/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
000947 Cereal Bowl, Cinn Toast	28 gr	100	2200.01	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			7007.86	\$46.562
% of Calories			93.9%	
Weekly Nutrient Guideline				

Tuesday - 09/30/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
Weighted Daily Average			4807.85	\$29.462
% of Calories			101.9%	
Weekly Nutrient Guideline				

	Carb (g)	Cost
Weighted Averages	6722.97	\$37.915
% of Calories	86.9%	

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

Menu Name:	Frazier Mountain 9-12 HS - MENU SUBJECT TO CHANGE	Include Cost:	Yes
Site:			
Use Alternate Menu Name:	No		

Monday - 09/01/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000770 Holiday-Labor Day				
Weighted Daily Average			0.00	\$0.000
% of Calories			0%	
Weekly Nutrient Guideline				

Tuesday - 09/02/2025

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
000678 Taco Nada, Turkey Taco Pocket	4.5 oz	150	33.21	\$0.589
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000267 CELERY STICKS	4 oz	150	1.91	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			95.49	\$0.915
% of Calories			72.2%	
Weekly Nutrient Guideline				

Wednesday - 09/03/2025

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
001420 Chicken, Sriracha Honey Wings	144 gr	150	23.57	\$0.000
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000885 Romaine Salad	CUP	150	1.66	\$0.000
000667 Potatoes, French Fries, Lamb W	5 oz	150	21.43	\$0.000
990073 Goldfish Vanilla Grahams	EACH	150	20.36	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			127.38	\$0.326
% of Calories			62.3%	
Weekly Nutrient Guideline				

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

Thursday - 09/04/2025

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
000790 Pizza, Cheese Stuffed Sticks,	2 EACH	150	32.14	\$0.000
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000717 Green Beans	1/2 CUP	150	4.29	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			96.79	\$0.326
% of Calories			66.9%	

Weekly Nutrient Guideline

Friday - 09/05/2025

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
000524 Chicken, Popcorn WG-69160	3.08	150	13.93	\$0.298
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
001262 Potato Salad	6 oz	150	18.19	\$0.048
000377 CUCUMBER,RAW	4 OZ	150	2.62	\$0.000

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Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000829 Snack, Goldfish, Cheddar	.75 oz	150	15.00	\$0.219
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			110.11	\$0.891
% of Calories			65.7%	
Weekly Nutrient Guideline				

Monday - 09/08/2025

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
001101 Nachos, Cheese/ Chips	4 ounces	150	22.53	\$0.000
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000405 Beef, Hamburger- Don Lee	4.60 oz	150	28.79	\$0.171
000767 Beans, Pinto	4 oz	150	19.14	\$0.000
000129 Tortilla Chips, 1.8 oz	1.8 oz	150	20.36	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				

Base Menu Spreadsheet

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Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			151.17	\$0.497
% of Calories			52.9%	
Weekly Nutrient Guideline				

Tuesday - 09/09/2025

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
990083 Chicken, Fajitas Bowl GF	4 oz	150	1.92	\$0.000
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000270 CORN: canned, yellow	1/2 CUP	150	18.22	\$0.000
000778 Bell Peppers, Red	4 oz	150	4.28	\$0.000
000869 Rice, Brown	1/2 CUP	150	24.16	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
990073 Goldfish Vanilla Grahams	EACH	150	20.36	\$0.000
000969 CHOICE OF MILK				

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			129.30	\$0.326
% of Calories			81.8%	
Weekly Nutrient Guideline				

Wednesday - 09/10/2025

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
990082 Cooks Choice - Lunch				
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
001328 Romaine Salad- 1/2 cup	4 oz	150	0.83	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			61.19	\$0.326
% of Calories			99.5%	
Weekly Nutrient Guideline				

Thursday - 09/11/2025

Reimbursable Meal Total 140

Base Menu Spreadsheet

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Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
990078 Chicken Dumplings	4 oz	150	*N/A*	\$0.000
000991 Beef, Hamburger- Tyson	4.26 oz	150	28.36	\$0.171
001409 BBQ Chicken Strips	4 oz	150	21.43	\$0.077
000877 Vegetables, Stir Fry2	4 oz	150	7.14	\$0.389
000869 Rice, Brown	1/2 CUP	150	24.16	\$0.000
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000829 Snack, Goldfish, Cheddar	.75 oz	150	15.00	\$0.219
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			156.45	\$1.182
% of Calories			57.8%	
Weekly Nutrient Guideline				

Friday - 09/12/2025

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
990062 Grilled Cheese Sandwich IW	EACH	150	33.17	\$0.625
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000

Base Menu Spreadsheet

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Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
000377 CUCUMBER,RAW	4 OZ	150	2.62	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			96.16	\$0.951
% of Calories			69.3%	
Weekly Nutrient Guideline				

Monday - 09/15/2025

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
000986 Pretzel, WG King& Nacho Cheese	7 oz	150	45.00	\$0.829
001116 Chicken, Patty Sandwich-66210	4.85 oz	150	42.86	\$0.180
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
001119 Cole Slaw	1/2 cup	150	0.86	\$0.026
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				

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Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			149.08	\$1.362
% of Calories			66.5%	
Weekly Nutrient Guideline				

Tuesday - 09/16/2025

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
990063 Chicken, Patty Sandwich-66210 *RESIZED*	5.35 oz	150	47.27	\$0.198
001301 Lettuce Ro &Tomato:1 leaf,2 sl	1 lf,2 slc	150	0.40	\$0.000
001351 Chicken, Hot & Spicy Sand w/ch	5.8 oz	150	43.36	\$0.463
001119 Cole Slaw	1/2 cup	150	0.86	\$0.026
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010

Base Menu Spreadsheet

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Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
000829 Snack, Goldfish, Cheddar	.75 oz	150	15.00	\$0.219
Weighted Daily Average			167.25	\$1.232
% of Calories			55.7%	
Weekly Nutrient Guideline				

Wednesday - 09/17/2025

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
001445 Pizza, 4x6 Cheese-Tony R	5.2	150	35.36	\$0.000
000775 Romaine and Cucumber Salad	4 oz	150	9.26	\$0.000
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			104.98	\$0.326
% of Calories			64.6%	
Weekly Nutrient Guideline				

Thursday - 09/18/2025

Reimbursable Meal Total 140

Base Menu Spreadsheet

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Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
000797 Turkey & Gravy- 782	4 oz	150	5.36	\$0.000
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000350 Potatoes, Mashed	1/2 cup	150	2.95	\$0.088
000454 Roll, Whole Wheat, Shannon	1 oz	150	17.14	\$0.142
000829 Snack, Goldfish, Cheddar	.75 oz	150	15.00	\$0.219
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			100.81	\$0.775
% of Calories			68.7%	
Weekly Nutrient Guideline				

Friday - 09/19/2025

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
001349 Tamale, Grn Chili Pocket	5 oz	150	31.13	\$0.801
000784 Tamale, Chicken Pocket	5 oz	150	27.91	\$0.801
000767 Beans, Pinto	4 oz	150	19.14	\$0.000
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000

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Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
990073 Goldfish Vanilla Grahams	EACH	150	20.36	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			158.89	\$1.929
% of Calories			53.6%	
Weekly Nutrient Guideline				

Monday - 09/22/2025

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
000678 Taco Nada, Turkey Taco Pocket	4.5 oz	150	33.21	\$0.589
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000267 CELERY STICKS	4 oz	150	1.91	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				

Base Menu Spreadsheet

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Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			95.49	\$0.915
% of Calories			72.2%	
Weekly Nutrient Guideline				

Tuesday - 09/23/2025

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
990082 Cooks Choice - Lunch				
000377 CUCUMBER,RAW	4 OZ	150	2.62	\$0.000
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			62.99	\$0.326
% of Calories			99.2%	
Weekly Nutrient Guideline				

Wednesday - 09/24/2025

Reimbursable Meal Total 140

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
000752 Corn Dog-34072	4 oz	150	29.79	\$0.316
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000885 Romaine Salad	CUP	150	1.66	\$0.000
001463 Chips, Potato, Oven Baked-Lays	0.875 oz	150	20.36	\$0.297
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			112.16	\$0.939
% of Calories			72.0%	
Weekly Nutrient Guideline				

Thursday - 09/25/2025

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
990082 Cooks Choice - Lunch				
001262 Potato Salad	6 oz	150	18.19	\$0.048
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			78.55	\$0.374
% of Calories			95.5%	
Weekly Nutrient Guideline				

Friday - 09/26/2025

Reimbursable Meal Total 140

	Portion Size	Reimb Qty	Carb (g)	Cost
990082 Cooks Choice - Lunch				
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000377 CUCUMBER,RAW	4 OZ	150	2.62	\$0.000
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			62.99	\$0.326
% of Calories			99.2%	
Weekly Nutrient Guideline				

Monday - 09/29/2025

Reimbursable Meal Total 140

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
001268 Beef, Hawaiian Meatballs	2.5 oz	150	7.82	\$0.000
000809 Pasta with Meatballs	1 Cup	150	37.51	\$0.256
000775 Romaine and Cucumber Salad	4 oz	150	9.26	\$0.000
000726 Carrots, Baby - Grimmway	PKG	150	8.57	\$0.000
000829 Snack, Goldfish, Cheddar	.75 oz	150	15.00	\$0.219
000970 FRUIT Choice X 2	2 EACH	150	51.51	\$0.041
000454 Roll, Whole Wheat, Shannon	1 oz	150	17.14	\$0.142
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	0.28	\$0.010
Weighted Daily Average			147.10	\$0.943
% of Calories			60.5%	

Weekly Nutrient Guideline

Tuesday - 09/30/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001419 Chicken, Drumsticks, bread-Tys	4.4 oz	150	750.00	\$0.000
001197 Gravy, Chicken	2 oz	150	3400.24	\$2.509
000350 Potatoes, Mashed	1/2 cup	150	412.77	\$12.313

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Carb (g)	Cost
000726 Carrots, Baby - Grimmway	PKG	150	1200.00	\$0.000
001463 Chips, Potato, Oven Baked-Lays	0.875 oz	150	2850.00	\$41.550
000829 Snack, Goldfish, Cheddar	.75 oz	150	2100.00	\$30.600
000970 FRUIT Choice X 2	2 EACH	150	7211.78	\$5.693
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			17963.7 9	\$132.610
% of Calories			57.6%	
Weekly Nutrient Guideline				
	Carb (g)	Cost		
Weighted Averages	963.24	\$7.038		
% of Calories	58.5%			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

' - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.