



EL TEJON UNIFIED SCHOOL DISTRICT

established 1876

*The El Tejon Unified School District
offers a full sports program
which builds upon physical activities
from the early ages.*



Teamwork - Sportsmanship - Unity - Collaboration

Frazier Park Elementary

Teachers at FP focus on gross motor skills, movement education, cardiovascular fitness and promoting a healthy lifestyle. They teach punting, passing, and kicking during football season; dribbling, passing, and shooting during basketball season. We work a lot on body control and movement--often using balls and hoops and such.

Students also participate in Bobcat Sports, Jog-a-thons, Jump Rope, Capture the Flag, and Hoola Hoop Competitions.



*Middle School
Softball*



*Elementary
Tug-of-War*

El Tejon Middle School

In addition to a full P.E. program students starting in 5th grade at El Tejon have the ability to participate and compete in Volleyball, Football, Basketball, and Softball. El Tejon is also the only Middle School on the hill with competitive sports programs.



*High School
Soccer*

Frazier Park Mountain High School

In addition to a full P.E. program students at FMHS have the ability to participate in CIF competitively in Volleyball, Cross Country, Football, Basketball, Soccer, Softball, and Baseball. Additionally, our high school programs offer:

- Summer conditioning is underway 9:00am-12:00pm Monday through Friday. Contact Mrs. Zimmerman: czimmerman@el-tejon.k12.ca.us
- Football practice starts July 19, 9:00am-11:00am on the football field. Optional weight room from 11:00am-12:30pm. Contact Coach Barker: cbarker@el-tejon.k12.ca.us



*High School
Cross Country*