

# STRONG FAMILIES PROGRAM

DECEMBER 1<sup>ST</sup>, 2025

*Pride Post*



## IMPORTANT INFO:

Strong Families Program enrollment is **PAUSED** until January. Our enrolled SFP Parents will be participating in a **real-life, hands-on small business experience** between Thanksgiving & Christmas Break. Our program hosts the campus holiday shop, which also doubles as a fundraiser (which is how we provide coffee, snacks, and prizes!).

We will begin taking new enrollments after Christmas Break.

## COMING SOON!

Our most popular and anticipated workshop! This one will fill up quickly!

**Semi-Homemade: Nutrition & Budget for Real Life**

6 Sessions, 1 session per week (Thursdays 01/29/26-03/05/26)

9:00-11:00am

Cost: **FREE** (All ingredients and materials provided!)

\*Adults only, no childcare available. We apologize for the inconvenience.

Registration opens January 12<sup>th</sup>, 2026



## UPCOMING EVENTS:

- 12/11: Yuma Community Food Bank Distribution day at OC Johnson (Open to the whole community)
- 12/22-01/09: Christmas Break, the SFP is closed
- 01/12: Back to school!
- 01/29: "Cooking class" starts



# Strong Families Program Pride Post



November 10, 2025

[www.yuma.org/strong-families-program](http://www.yuma.org/strong-families-program)

## Fire Safety Class

Wednesday (11/19/2025)

9:00-11:00am Adults Only

Cost: **FREE** Location: OC Johnson 1201 W 12<sup>th</sup> St

## Core Group Enrollment **Paused**

The SFP will begin taking  
new Core Group  
participants after Christmas!  
**Other classes still open.**

## Seeking volunteers for campus Holiday Shop

The SFP is looking for  
volunteers to help us run  
the Holiday Shop on our  
campus.

December 8th-12th  
Multiple shifts available.  
Bilingual a plus!

## IMPORTANT GED NOTES

11/14 - No GED Class  
(Teacher out)

11/21 - **Regular class**  
9:00-11:00

11/28 - No GED Class  
(Thanksgiving break)

12/5- **Regular class**  
9:00-11:00

12/12 - No GED class  
(Holiday Shop)

12/19- **GED Progress Test**

## Check out our SFP field trip!

We got a behind  
the scenes tour  
of the Main  
Library!

## Want to Register? Have Questions? Reach out!

Strong Families Program Coordinator

Amanda Salasibarra

[asalasibarra@yuma.org](mailto:asalasibarra@yuma.org)

(928)502-7835



# Strong Families Program

## Pride Post

10/27/2025

### Core Group

We have been talking about all things budget. We will be finishing up by going over sales, coupons, discount stores, and all the tips & tricks to save money! Now's a great time to stop in to check us out.

### GED

Current subject: Science

We are just finishing up chapters 1-6 (the Life Science section), and are moving on to chapters 7-9 (the Physical Science section). New students are always welcome!

### SFP Coordinator

Amanda Salasibarra

asalasibarra@yuma.org

(928)502-7835

### Did you know...

October is Fire Safety month?!

Have you checked your smoke detectors in the past 3 months?

Do you have a home evacuation plan?

Check out these fun, free resources!

[www.sparky.org](http://www.sparky.org)



### Fire Safety Class

Wednesday

11/19/2025

9:00-11:00am

OC Johnson

1201 W 12<sup>th</sup> St

**\*Adults only**

Must be a parent/guardian or emergency contact of a YSDI student.

Registration Req



# Strong Families Program Pride Post

October 14, 2025



## What's Coming Up

### SFP Core Class

Tuesdays-Thursdays  
9:00am

All things budget!

- How can I change my car insurance payment?
- If I pay my minimum credit card payment, why doesn't my balance go down?
- Is buying in bulk always the best option?

And more!

### Home-Buying 101

10/21/25

9:00am

Cost: FREE

\*Will also include information about fixing credit scores!

### Car Seat & Home Safety

10/23/25

9:00am

Cost: FREE

\*Possibility of having your current car seat installation inspected.

## SFP Location

Our classroom is located at OC Johnson Elementary (1201 W 12<sup>th</sup> St).

But our program is open to **any** parent, guardian, or emergency contact of **any** YSD1 student.



## Looking for something specific?

Looking for a class you haven't seen yet? Maybe; how to write a resume or best advice for acing a job interview?

We're listening! Leave us an email or voicemail telling us what you are looking for.

## SFP Coordinator

Amanda Salasibarra

asalasibarra@yuma.org

(928)502-7835





# Strong Families Program Pride Post




**Home-Buying 101 10/21/25 9:00am**

OC Johnson (1201 W 12<sup>th</sup> St)

What is Escrow? What if my credit is bad? What if I can't afford to put any money down right now? How do I even start the process?

Whether you are ready to start looking for your dream home today, or you just want to be ready when the time comes: Join us to learn about the process of buying a home, what programs may be available to assist you, and tips to help you get the home of your dreams.



**Car Seat Safety & Home Safety 10/23/25 9:00am**

OC Johnson (1201 W 12<sup>th</sup> St.)

Join us to learn:

The difference between car seat styles, how to determine which type of car seat is safest for your child, the proper way to install child restraints, and other important child safety tips! You can even have your current car seat installation inspected.

Registration required:

**asalasibarra@yuma.org or 928-502-7835**

**Open to all parents, guardians, and emergency contacts of  
Yuma School District One students.**

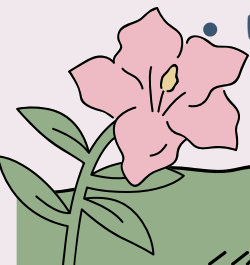

**No child care available, we apologize for the inconvenience**

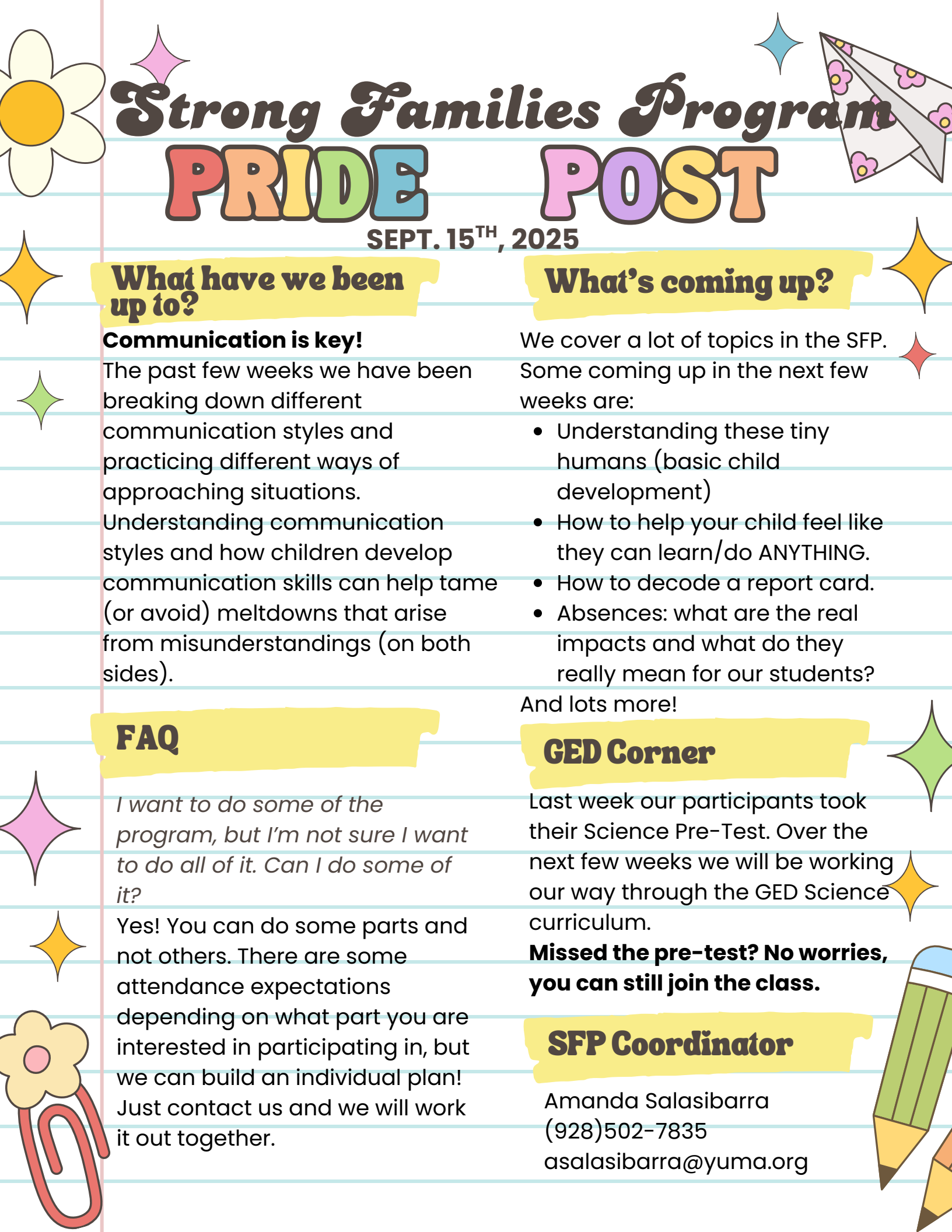
## Other upcoming topics:

- SMART Goals
- Parent-Teacher conferences: What's the deal?
- Budget for real life

## Strong Families Program Coordinator

Amanda Salasibarra  
asalasibarra@yuma.org  
928-502-7835





# Strong Families Program

## PRIDE POST

SEPT. 15<sup>TH</sup>, 2025

### What have we been up to?

#### Communication is key!

The past few weeks we have been breaking down different communication styles and practicing different ways of approaching situations. Understanding communication styles and how children develop communication skills can help tame (or avoid) meltdowns that arise from misunderstandings (on both sides).

### FAQ

*I want to do some of the program, but I'm not sure I want to do all of it. Can I do some of it?*

Yes! You can do some parts and not others. There are some attendance expectations depending on what part you are interested in participating in, but we can build an individual plan! Just contact us and we will work it out together.

### What's coming up?

We cover a lot of topics in the SFP. Some coming up in the next few weeks are:

- Understanding these tiny humans (basic child development)
- How to help your child feel like they can learn/do ANYTHING.
- How to decode a report card.
- Absences: what are the real impacts and what do they really mean for our students?

And lots more!

### GED Corner

Last week our participants took their Science Pre-Test. Over the next few weeks we will be working our way through the GED Science curriculum.

**Missed the pre-test? No worries, you can still join the class.**

### SFP Coordinator

Amanda Salasibarra  
(928)502-7835  
asalasibarra@yuma.org



# SFP PRIDE POST

September 2, 2025



## What is PACT Time?

**Simply put: 1 hour a week, in your child's classroom, experiencing all the things!**

### What is a digraph? Or a WICOR Chart?

PACT Time is a great way to learn what your child is learning so when homework comes home you are prepared to help your child.

### I need to ask the teacher a question, but I'm nervous.

PACT Time is also a great way build a bond with your student and make a connection with the school and the teacher.

### My child doesn't go to OC Johnson, can I still do PACT Time?

Yes! We will work with any school, teacher, and admin team in Yuma School District One. All YSD1 families are eligible to enroll in the Strong Families Program.

## PACT Time Starts this month!

The specific start date may be a little different for each family, but PACT time is kicking off in September!

## Free GED Class

Fridays @ OC Johnson

9:00-11:00am

Topic: Science

*This class is in English. Looking for  
GED in Spanish or Adult ESL*

*Classes? Reach out!*

## SFP Coordinator

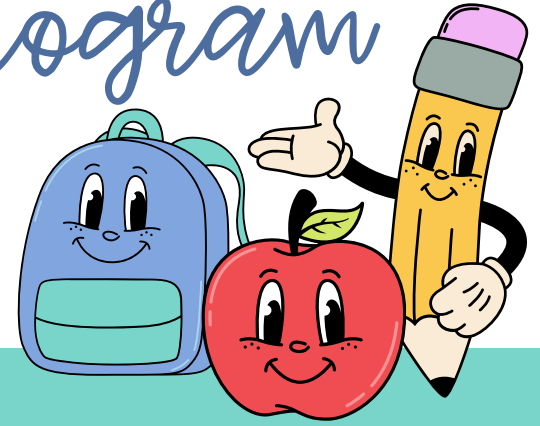
Amanda Salasibarra

(928)502-7835

[asalasibarra@yuma.org](mailto:asalasibarra@yuma.org)



# Strong Families Program Pride Post



August 18, 2025

## Welcome!

Welcome back YSD1 Families! We hope you had a wonderful summer, and that you have been settling into the new school year well.

The Strong Families Program is kicking off this week!

*Families from any Yuma School District One school are welcome to join our program.*

## Coffee & Questions

Wednesday, August 20, 2025

9:00am

OC Johnson (1201 W 12<sup>th</sup> St)

Coffee, snacks, & prizes.

Bring a friend, bring your questions, & find out what the SFP is all about!

## Free GED Class

Fridays 9:00-11:00am

In person, at OC Johnson

Class starts August 29, 2025

\*This class is in English only.

More info at our Coffee & Questions Event!

## Have you ever wondered...

- How am I supposed to help my child with their homework if **I** don't know how to do it?
- I am worried about my kindergartener adjusting to school, what can I do?
- I am new to the area, how can I get connected or find something I need?
- I'd like a different/better job, where do I start?
- My child is not doing well in school and I don't know what else to try!

The Strong Families Program can help with these questions.

Have other questions? We are a great place to start for ANY question.

## Contact Info:

SFP Coordinator: Amanda Salasibarra

(928)502-7835 [asalasibarra@yuma.org](mailto:asalasibarra@yuma.org)

Scan to visit our website ----->





Final Pride Post - School Year 2024-2025

# STRONG FAMILIES PROGRAM

## OUR YEAR IN REVIEW

### SHOPPING SPREE WINNERS!

- Best Attendance  
Quicha
- Most Improved  
Toni
- Special Mention  
Ana



### NUMBER OF FAMILIES SERVED

100+

Including both direct and indirect services.

### ENDING THE YEAR ON A HIGH NOTE

Every year, the last few days of Core Classes, the participants get to teach the teacher! Each participant gets to pick something they love, and share it with the class. This year we made calm jars, cooked pastel azteca, made mini cheesecakes, learned infant massage techniques, and crazy hair inspirations!



### GOALS SET & ACHIEVED BY PARTICIPANTS THIS YEAR

- Complete my GED (all 5 exams)
- Get a job
- Improve my relationship with my children
- Get a promotion
- Improve my credit score
- Teach my child to read
- Learn to cook healthy meals

(928)502-7835 [asalasibarra@yuma.org](mailto:asalasibarra@yuma.org)

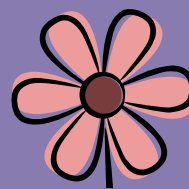
[WWW.YUMA.ORG/STRONG-FAMILIES-PROGRAM](http://WWW.YUMA.ORG/STRONG-FAMILIES-PROGRAM)







# SFP Pride Post



April 21, 2025

We are using the last few weeks of the Strong Families Program (for this school year) to practice some super fun hands-on activities! Perfect for encouraging & continuing learning over summer.



## Unpoppable bubbles

Ok, they aren't really unpoppable. But they are stronger than regular bubbles and will roll & bounce across surfaces for a while before they pop! They are also much more colorful and rainbow-y than normal bubbles.

Pictured above are a few of our participants practicing making a batch.

## Peanut butter playdough

This is a fun, messy activity that sneaks in a little reading, math, and science! The SFP Participants had the chance to practice making some.

\*It is safe to eat as long as the child has clean hands when they start to play with it.

