



450 W. Sixth Street
Yuma, Arizona 85364-2973
Phone: 928-502-4300

James D. Sheldahl, Superintendent

Dear Military Families,

As part of our ongoing commitment to supporting our military-connected students and families, we are excited to provide information about the **Military Family Life Counselor (MFLC)** program.

The MFLC program is a valuable resource, funded by the Department of Defense, that may serve schools with many active-duty dependent students. MFLCs are licensed counselors who specialize in supporting military families. With parent permission, MFLCs provide free, confidential individual and group support to children and families to address the impacts of military life.

Key Features of the MFLC program:

- Specialized Focus: MFLCs are trained professionals with expertise in addressing the unique needs of military families, such as deployment cycles and frequent relocations.
- Parent Partnership: MFLCs encourage the participation of parents by facilitating one-on-one or group meetings to foster healthy growth and social skill development.
- Confidential Support: MFLCs provide confidential services, ensuring a safe space to address the unique challenges of school-aged military children.
- Working with Staff: MFLCs work in collaboration with our school and provide staff training to better support the needs of military students and families.

We encourage our active duty military families to learn more about the program or schedule an appointment with your school's MFLC by contacting District One's Military-Connected Advocate, Sandra Carbajal, at scarbajal@yuma.org or (928) 502-4397.

Sincerely,
Liz Angulo
Principal, James B. Rolle Elementary School

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